# NORTH DUMFRIES SPORTS CAMP

Register Online <a href="https://www.NDSportsCamp.ca">www.NDSportsCamp.ca</a>



С

0

Ν

Registration registration@ndsportscamp.ca

Administration admin@ndsportscamp.ca



https://www.facebook.com/ayrsummercamp/timeline

# WEEK 1 (July 3-6) AGES 5+

At this half day camp, campers will enjoy some classic adventure games like capture the flag, man hunt, obstacle course, nerf gun wars, scavenger hunts and much more.

#### WEEK 3 (July 16–20) WEEK 4 (July 23–27) EXTREME SOCCER

This half day camp will be all about soccer. Campers will enjoy the sport in a variety of different ways with a variety of different types of balls. Children registered for this camp will also get to try out a some BUBBLE SOCCER.

AGES 5

\$200

### WEEK 3 (July 16–20) WEEK 5 (July 30–August 3)

**ARTS & CRAFTS** 

This half day art camp, run by Lori Cressman is designed to introduce your young artist to different mediums including acrylic, watercolour, printmaking, inks, sculpture, mixed media and pastel to name a few. It is a hands-on, creative and messy week! Whether your child is new to creating various art projects or is looking for some new artistic inspiration there's something here for everyone to learn and explore!

AGES 5+

\$250

AGES 6+

#### WEEK 2 (July 9–13) VOLLEYBALL

This half day camp will be run by guest facilitator Renee Michiels. Rene has an extensive volleyball background including Windsor Varsity, OUAA All Star and she is currently the Director of Development with Scorpions Volleyball. Renee is looking forward to using her valuable knowledge and experience to implement many of the tactics and techniques used to develop many of the aspiring young volleyball players in our region.

AGES 8+

**\$200** 

### WEEK 5 (July 30-August 3) BASEBALL

AGES 8+

This half day speciality camp is for our talented baseball players who are looking to up their game. Chad Dube, Director of Player Development for Cambridge Minor Baseball will be providing in depth instruction on all aspects of baseball including fielding, hitting, base running, throwing and strength and conditioning. Chad will be utilizing the latest technology and advancement to improve these players skills.

#### WEEK 6 (August 7–10)

## **ADVENTURE GAMES**

At this half day camp, campers will enjoy some classic adventure games like capture the flag, man hunt, obstacle course, nerf gun \$150 wars, scavenger hunts and much more.

Full schedule and list of rates available online www.ndsportscamp.ca

### WEEKS 1—9 AGES 5+ FULL DAY MULTISPORT CAMP

Campers will enjoy a multitude of sports throughout the day. Some favourites are baseball, basketball, soccer, football, pickleball, dodgeball, golf, yoga and so much more. They will face off against each other as well as against their counsellors. During these weeks they will also have an opportunity to enjoy some time on the ice, either practicing their skating skills or enjoying some hockey. They will also participate in some classic camp activities such as parachute games, water games and some craft time. Each day is something new and exciting to enjoy.

(Half day option also available for this camp)

MULTIPLE WEEK DISCOUNTS AVAILABLE

MONDAY—FRIDAY 9AM—5PM

Early drop off and late pickup free of charge.

# JUN

**HIGH PERFORMANCE** 

**WEEKS 7—9** 

AGES 5+

\$250

This is a half day camp designed for those players that want to step up their game and improve their skills.

On ice sessions will focus on power' skating and proper stride technique. Shooting, puck control, passing and puck protection. Goalies will be present for shooting drills.

Off ice dry land training sessions will focus on flexibility, core strength, power and agility drills and stretching. All specifically designed for overall hockey enhancement.

For more information, visit us online: www.ndsportscamp.ca

\*\* Dates for our Specialty Camps are subject to change \*\*